

## LIST OF COMMITTEES

### Registration Committee

Dr. Manisha Nagpal  
Dr. Pooja Sadana  
Dr. Harpreet Kaur  
Dr. Mrs. Harpreet Kaur  
Dr. Kritika Bansal

Ms. Amandeep Kaur Pannu  
Ms. Manpreet Kaur Sandhu  
Ms. Onkardeep Kaur  
Ms. Kulwinder Kaur  
Dr. Sandeep Kaur

### Finance Committee

Dr. Amanpreet Kaur  
Dr. Kritika Bansal

Dr. Kanwalpreet Kaur Gill  
Dr. Sandeep Kaur

### Scientific Committee

Dr. Harjot Singh  
Dr. Shivesh Devgan  
Dr. Amritpal Singh Brar

Dr. Amandeep Kaur Bajwa  
Mr. Gopal Singh Charan  
Mr. Naveen Kumar

### Catering Committee

Dr. Shivesh Devgan  
Dr. Harjot Singh  
Dr. Amritpal Singh Brar

Dr. Karuna Sharma  
Ms. Manmeet Kaur  
Ms. Manpreet Kaur Saini

### Memento and Certificate Committee

Dr. Harpreet Kaur  
Dr. Amanpreet Kaur  
Dr. Kanwalpreet Kaur Gill  
Dr. Kritika Bansal  
Dr. Mrs. Harpreet Kaur

Ms. Ranganayaki. L  
Ms. Ekjot Kaur  
Ms. Ujala Joshi  
Dr. Sandeep Kaur

### Transport Committee

Dr. Amritpal Singh Brar  
Dr. Aditya Paul  
Ms. Gurjeet Kaur

Ms. Akashpreet Kaur  
Ms. Pooja Joshi

### Venue and Stage setting Committee

Ms. Kiranpreet Kaur  
Ms. Rajbir Kaur  
Dr. Kritika Bansal

Ms. Ravneet Kaur  
Ms. Mandeep Kaur  
Dr. Sandeep Kaur

## 2<sup>nd</sup> Punjab Chapter Indian Association of Adolescent Health

12<sup>th</sup> January, 2019

### REGISTRATION FORM

Name \_\_\_\_\_

Age/Sex \_\_\_\_\_

Designation \_\_\_\_\_

Institute \_\_\_\_\_

College Address \_\_\_\_\_

Permanent Address \_\_\_\_\_

Mob. No.: \_\_\_\_\_

Email \_\_\_\_\_

Registration Fee (in Rs.) \_\_\_\_\_

Cheque/DD/NEFT No \_\_\_\_\_ Date \_\_\_\_\_

### Registration Fees\*

	Registration till 10th Jan 2019	On the spot registration fee
Faculty	1000	1200
PG Students	700	1000
UG Students	500	700

\*Cash/Draft in favour of - Sri Guru Ram Das Conference/ CME A/C No. 360601000040 with ICICI Bank (IFSC-ICIC0003606), Amritsar. Registration & Payment can also be done online on the university website. Registration form and transaction details are available on: [www.sgrduhs.in](http://www.sgrduhs.in), [www.sgrdimsr.in](http://www.sgrdimsr.in)

**Note:** All delegates registering should e-mail the copy of the financial transaction/ receipt at: [sgrdspm@gmail.com](mailto:sgrdspm@gmail.com)

### Contact Details:

Department of Community Medicine, SGRDIMSAR, Amritsar  
Mob.: 99144-20756, 98764-76966



**Sri Guru Ram Das University of Health Sciences**

**Sri Amritsar**

*under the Aegis of*

**Indian Association of Adolescent Health**

**Organizes**

**2<sup>nd</sup> Punjab Chapter**

**“Holistic view of Adolescent Health”**

*12<sup>th</sup> January, 2019*



**Accredited 4 hours of PMC**  
**vide letter No. : PMC/CME/2018/16103**

**Organised by**  
**Department of Community Medicine, SGRDIMSAR**  
**and SGRD College of Nursing, Vallah, Sri Amritsar**

# ORGANIZING COMMITTEE

PATRON-IN- CHIEF

**S. Gobind Singh Longowal Ji**

Chancellor SGRDUHS, Sri Amritsar

## Chief Patrons

**Dr. Roop Singh**

Secretary  
SGRD Charitable Hospital Trust,  
Sri Amritsar

**Dr. Kulwant Singh Ded**

Vice Chancellor  
SGRDUHS,  
Sri Amritsar

**Dr. A P Singh**

Dean  
SGRDUHS, Sri Amritsar

**Dr. Manjit Singh Uppal**

Director Principal  
SGRDIMSAR

## Advisors

**Dr. Anurag Chaudhary**

Professor & Head, DMCH  
President, IAAH Pb chapter

**Dr. Sarit Sharma**

Professor, DMCH,  
Secretary, IAAH Pb chapter

## Organizing Chairpersons

**Dr. Parvesh Saini**

Principal  
SGRD College of Nursing

**Dr. Priyanka Devgun**

Prof & Head Dept. of  
Community Medicine  
SGRDIMSAR, Amritsar

## Organizing Secretary

**Dr. Shyam Lal Mahajan**

Prof Dept. of Community Medicine  
SGRDIMSAR, Amritsar

**Ms. Manpreet Kaur**

Prof cum Vice Principal  
SGRD College of Nursing  
Amritsar

**Dr. Harpreet Kaur**

Prof Dept. of Community Medicine  
SGRDIMSAR, Amritsar

## Programme

Date- 12-01-2019 (Saturday)

Theme: Holistic view of adolescent health

08-09 am	<b>Registration and Breakfast</b>	
09-9.30	Keynote address Adolescence- Transition, Dilemmas and Concerns	Dr. Jugal Kishore, Director Professor and HOD, VMMC & Safdarjung Hospital, New Delhi Secretary General, IAAH
09.30- 10.00 am	Keynote address Vision of IAAH	Dr. Prema Bali Former Professor Centre for Community Centre,AIIMS, New Delhi Founding President, IAAH
10-10.30 am	<b>Inauguration</b>	
10.30- 11.00 am	Plenary session 1- From caterpillar to butterfly	
	Addressing different dimensions of health in adolescents	Dr. SS Deepti, Professor, GMC, Amritsar
	Journey through adolescence-common pitfalls and remedies.	Dr. Sushma Saini National Institute of Nursing education, PGIMER, Chandigarh
11.00- 11.30 am	<b>High tea</b>	
11.30 am – 12.15 pm	Plenary session 2- Nutritional implications for adolescents	
	Duality of nutritional problems in adolescents	Dr. Aman, RD & Nutritional Counsellor, SGRDIMSAR, Amritsar
	Assessment of nutritional variables in adolescents- current trends and critical issues	Dr. Poonam Khanna, Assistant professor, Public Health Nutrition,SPH, PGIMER, Chandigarh
12.15 pm– 12.45 pm	Free papers and poster presentation	

12.45 pm– 1.30 pm	Plenary session 3- Adolescence- special problems and viable solutions	
	Special problems in adolescents- delinquency, mental health issues, teenage pregnancy, substance abuse, internet addiction	Dr. Tarundeep Singh, Assistant Professor, SPH, PGIMER, Chandigarh
	Programmatic interventions for adolescent health	Dr. Preeti Padda, Associate Professor, GGS Medical College, Faridkot.
1.30- 2.00 pm	<b>Lunch</b>	
2.00 – 3.00 pm	Panel Discussion	Dr. Sanjeev Mahajan Registrar, PMC, Mohali Dr. Rana Ranbir Singh Psychiatrist Dr. Sita Sharma Gynecologist Dr. Manmeet Kaur Paediatrics Dr. Baljeet kaur Nityanandam Shree Yoga and Spiritual Guru
3.00- 3.30 pm	<b>Tea</b>	
3.30 – 4.00 pm	Valedictory Session	

## Abstract Submission

Abstract related to theme can be submitted by 5th January  
2019 For both Poster and Oral Presentation at

email : sgrdspm@gmail.com

(in 200 words, IMRAD Style) with 4 to 5 key words

For Oral Presentation :

Time 7-8 min for Presentation and 2 min for discussion  
For Poster Presentation : Size of the poster should be 3x4 Ft.